



TOWN OF REDCLIFF

COMMUNITY SERVICES REPORT

cps@redcliff.ca | 403-548-3232

FIND US ONLINE

For up-to-date news and what's going on, like us on Facebook:

www.facebook.com/TheTownOfRedcliff or check out the Event Calendar at www.redcliff.ca.

The **Community Guide for events & programs**, is distributed six times per year & will be posted on our website! To register for current programs, visit www.redcliff.ca or call 403-548-3232.

REDCLIFF PUBLIC LIBRARY – Closed Dec. 25 & 26 | Jan. 1

Bridges Family Programs @ the Library in Reading Area

Every Monday from 10 am – 3:30 pm – **Excluding Statutory Holidays*

Support services for Redcliff residents who are a caregiver with children aged 0-18 yrs. Anyone who meets this criterion is welcome to walk-in & ask questions, explore services & discuss needs!

Program will be ongoing until March 31, 2024

Shake, Rattle, & Read

Drop-In Toddler Storytime, Crafts, & Socializing

Mondays 10:30 am - 11:30 am

Now until November 27 | January 8 – March 25

In Stitches @ The Library - Adult program

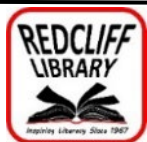
Every Tuesday @ 10 am - Noon

For those interested in knitting, crochet, cross-stitch, and needle point.

LEGO @ the Library

Every Saturday until April 27 | 10 am - 1 pm

Free play with our abundance of LEGO.



REDCLIFF SENIORS SOCIETY EVENTS – 55 +

Weekly Events

Monday, Wood Carving @ 7 pm

Monday, Morning Exercise @ 9:30 am

Tuesday, Pool @ 1 pm

Tuesday, Chair Yoga @ 1 pm

Wednesday, Cribbage @ 1 pm

Wednesday, Morning Exercise @ 9:30 am

Friday, Chair Yoga @ 1:30 pm

Friday, Whist @ 6:30 pm

Upcoming Monthly Events

December

December 7, Christmas Dinner & Cocktails, See Gladys or Lynn for tickets

December 21, Potluck & Bingo @ 6 & 7 pm

January

January 4, Monthly meeting @ 2 pm

January 6, Crib Tournament 10 am | \$20 each See Mel if you are interested, sign up sheet is also available at the Senior Centre

FAMILY FUN NIGHTS

@ I. F. Cox School Gym from 6 to 8 pm – PLEASE USE SIDE GYM ENTRANCE

Connect with others in the community and enjoy quality time with your family. Suitable for children in the K-6 age range. Kids aged 6 & under **MUST** be supervised. Drop-in event!

Upcoming Nights:

November 23, Classic Family Game Night

December 7, Gingerbread Houses & Christmas Ornaments



The FCSS philosophy is based on a belief that self-help contributes to a sense of integrity, self-worth, and independence. Contact Redcliff FCSS at 403-548-3232 or email at CPS@redcliff.ca. We would be happy to help you and your family connect to resources.

Additional Mental Health Resources, including Suicide Prevention Supports, for you or your loved ones:

- Redcliff Family and Community Support Services, 403-548-3232
- Addiction Helpline (provincial) 1-866-332-2322
- Distress Centre Crisis Line, 1-800-784-2433; Kids Help Phone, 1-800-668-6868
 - o Text line: 686868
- Mental Health Helpline, 1-877-303-2642
- Persons in Care Abuse Line, 1-888-357-9939; Talk Suicide Canada, 1-833-456-4566
 - o Text Line: 45645
- Medicine Hat Women's Shelter Society – Connect 24/7; Help Line: 403-529-1091
 - o Toll Free: 1-800-661-7949
 - o Text Line: 587-850-5885

GETTING TO KNOW YOUR NEIGHBOURS!

Getting to know your neighbours is a vital aspect of fostering a supportive and connected community. This is particularly crucial when it comes to looking out for isolated seniors who may face loneliness or health challenges. Having neighbours who are familiar with their well-being can make a significant difference. By being aware of their routines, health conditions, or any potential signs of distress, neighbours can provide assistance when needed, ensuring that seniors are not left isolated or without support. This interconnectedness creates a safety net that enhances the overall quality of life for everyone in the community.

Here are some tips on how you can make a difference:

- Keep an eye on aging or isolated neighbours and look for signs that are different from usual.
- Greet your neighbours regularly.
- Have you or your children create positive messages or drawings to deliver.
- Be a walking buddy.
- Deliver flowers or a special treat.
- Offer practical services such as snow removal, grocery shopping, transportation, or meal prep.
- Offer to pick up groceries or the necessities.
- Refer your neighbour to support services through the Town, such as Meals on Wheels or Home Cleaning Services.

TOWN OF REDCLIFF'S ANNUAL CHRISTMAS TREE LIGHTING & WINTER CELEBRATION

@ Memorial Park from 6 to 8 pm – Tree lighting taking place at 7 pm

Christmas Market @ Parkside School from 4 to 9 pm.

Moonlight Madness all around Town until 9 pm

Become a part of history and watch our tree grow over the years! Enjoy a hotdog, sip hot chocolate, sing Christmas carols, and say "hello" to Santa and Mrs. Claus while staying warm around a crackling fire.

The Town of Redcliff has made it easier to conduct everyday business online!

The after-hours drop box, My Redcliff, online/telephone banking, Pay Simply are available for AR payments, dog licence applications, utility sign-on etc. Please visit <https://redcliff.ca/corporate-services/payment-options/>. Application for permits, dog licenses, and utility sign-on can also be completed online by visiting www.redcliff.ca and clicking on Town Services at the top of the page.

Departments can be accessed by calling 403-548-3618 or through direct contacts below:

Community Peace Officer bylaw@redcliff.ca, 403-548-9246 or 403-581-8755