

# TOWN OF REDCLIFF

# COMMUNITY PROGRAM

&

# EVENT GUIDE

March To May 2026

## SUPPORT SERVICES

### TEEN SUPPORT GROUP

Medicine Hat Family Service hosts a Teen Support Group at the Redcliff Youth Centre. This is a FREE, closed group for those 10-18 years old. The Teen Support Group meets twice a month, based on age: the first Wednesday of every month for ages 10-13 and the third Wednesday of the month for ages 14-18. Register at the Redcliff Youth Centre.

Topics of discussion include:

- grief and loss
- depression and anxiety
- boundaries and consent
- bullying and harassment
- healthy relationships
- gender identity and self-esteem
- resiliency and coping



### REDCLIFF FCSS/TOWN

**MOTHERS SUPPORT GROUP** - Presented by the Redcliff FCSS and Medicine Hat Family Service. Sometimes Moms just need to talk! Join us for coffee and conversation for our next meetings at the Redcliff Library, April 2<sup>nd</sup> and May 7<sup>th</sup> from 10:30am - 12:00pm!

**SENIOR SUPPORT GROUP** - Senior Support Group returns to Redcliff! Join the Redcliff FCSS, Medicine Hat Family Service, and Recovery College Medicine Hat for coffee and conversation with friends on topics that are important to you! Join us at the Redcliff Senior Centre from 10:30am - 12:00pm for our next meetings, Monday April 20<sup>th</sup> for Letting Go, and Monday May 4<sup>th</sup> for Meditation and Mindfulness for Beginners!

**ADULT NIGHT OUT** - Join the Redcliff FCSS and Medicine Hat Family Service for Adult Night Out: Mindful Art, Thursday April 9<sup>th</sup> at the Redcliff Senior Centre! Relax and engage in mindful art as you create and paint your own spring wood cut out! Register at Redcliff.ca for only \$20!



**PITCH-IN WEEK 2026** - Pitch-In Week returns to Redcliff, April 19 - 25! During Pitch-in Week, Redcliff residents can dispose of certain items for FREE at the Redcliff Cypress Regional Landfill! Remember to stop by Town Hall and grab your reflective vests and garbage bags to help clean up our Town!



## COMMUNITY ENGAGEMENT

### SERVICE CANADA OUTREACH SESSION AT THE REDCLIFF PUBLIC LIBRARY

Join the Redcliff Public Library for a Service Canada outreach session with a Service Canada Outreach Officer, Thursday March 19<sup>th</sup> from 1:30 - 4:00pm, and Wednesday April 29<sup>th</sup> from 1:00 - 4:00pm! Our Service Canada Officer will be able to assist you with navigating Employment Insurance, Canada Pension Plan/Old age Security, Social Insurance Number Information, and general info and referrals to other Federal programs and services.



### CANADA REVENUE AGENCY OUTREACH SESSION

Join the Redcliff Public Library for a Canada Revenue Agency outreach session, April 29<sup>th</sup> from 1:00 - 4:00pm! Our CRA Outreach Officer will be able to help you with printing Tax Slips, Notice of Assessments, check which tax years need to be filed, updating addresses, phone numbers, or direct deposit information, understanding letters from CRA, and help with MyAccount!



### CANADA REVENUE AGENCY PRESENTS SCAM AWARENESS

Join the Redcliff Public Library for a scam awareness session Tuesday April 28<sup>th</sup> from 6:00 - 7:00pm presented by Bonnie McIntyre, CRA Outreach Officer! Topics covered include recognizing a scam, different types of scams, how to report scams, and what to do if you become a victim of a scam.



### COMMUNITY VOLUNTEER INCOME TAX PROGRAM FOR LOW-INCOME EARNERS

Stop by the Redcliff Public Library until April 24<sup>th</sup> to drop off your 2025 tax information during regular hours. Low income earner thresholds are: \$35,000 for 1 individual, \$45,000 for a couple, and \$2,500 for each dependant.



### SHAKE, RATTLE, AND READ (0-4 YEARS)

Drop-in Toddler story time, rhymes, playtime, & crafts! Mondays 10:30 - 11:30am until March 30<sup>th</sup>.

### REDCLIFF RURAL COUNSELLOR AT THE REDCLIFF PUBLIC LIBRARY

Need someone to talk to? Reach out to the Redcliff Rural Counsellor by calling 403-504-8026 to book your appointment today. sessions are held every Friday, with fees charged on a sliding scale model. Sponsored in partnership with the Redcliff FCSS and Medicine Hat Family Service.



### FRIENDS OF THE REDCLIFF PUBLIC LIBRARY AGM

Join the Friends of the Redcliff Public Library for their Annual General Meeting, Wednesday May 6<sup>th</sup> at 7:00pm! If you've ever thought of volunteering with the Library in a fundraising role, please consider joining the Friends of the Redcliff Library Society!



### SI DAY ACTIVITIES AT THE REDCLIFF PUBLIC LIBRARY

No school? No problem! Stop by the Library, Friday March 20<sup>th</sup> from 1:00 - 2:30pm for VR & digital games, and again Friday April 24<sup>th</sup> from 1:00 - 2:30pm for jewellery making!

### REDCLIFF LIONS CLUB NEWS & EVENTS

The Redcliff Lions Club will host its next meeting April 8<sup>th</sup> from 7:00pm at St. Ambrose Hall. As part of Redcliff Days, the Redcliff Lions will once again be hosting their annual Show & Shine Car Show, Saturday June 20<sup>th</sup> from 8:00am - 4:00pm! We are looking for new members! If you are looking for a great way to serve your community, please contact rclionspres@outlook.com for information!



### SPRING FLING DANCE AT THE GERMAN CANADIAN HARMONY CLUB

Come on down to the Redcliff German Canadian Harmony Club's Spring Fling Dance Saturday, April 18<sup>th</sup>! Tickets are only \$30 and include a late lunch! Purchase your tickets at Laurie Ann's Boutique in the Co-op Mall before April 15<sup>th</sup>. Doors open at 6:30pm, and dance begins at 7:30pm! Call Sharon at 403-526-2209 for more details.



### MOTHER'S DAY DINNER AND DANCE AT THE GERMAN CANADIAN HARMONY CLUB

Join the German Canadian Harmony Club Saturday, May 9<sup>th</sup> for their Mother's Day Dinner and Dance! Tickets can be purchased at Laurie Ann's Fashions at the Co-op Mall no later than May 6<sup>th</sup>. For more information, please call Sharon at 403-526-2209.



**GIRL GUIDES OF CANADA AVAILABLE PROGRAMMING**

Girl Guides of Canada has a vision of a "better world, by girls". Designed for girls ages 5-17! With programming such as Sparks for girls ages 5-6, Embers for 7-8, Pathfinders 12-15, and Rangers 15-17. Watch out for our traditional chocolate & vanilla cookies on sale in late March! Please contact 1-800-565-8111, or email any-cypresshillssac@girlguides.ca for more information.



**TWIST AND FLIP GYMNASTICS**

Twist and Flip Gymnastics Summer Camp registration is now OPEN! With offerings such as birthday party bookings, field trips, and drop in/indoor playtime, Twist and Flip is the ideal play place for your child! Drop In/Indoor Playtime happens every Friday from 10:30am - 12:00pm! For more information or to enroll your child in our programming today, call 403-487-5867, or visit www.twistandflip.ca today!



**JOIN THE BOARD OF DIRECTORS FOR THE BADEN-POWELL CENTRE**

The Redcliff Baden-Powell Centre is seeking dedicated and enthusiastic volunteers to join the Board of Directors! The Baden-Powell Centre is a hub for Scouting, Guiding, and community activities in Redcliff. We are looking for individuals of all backgrounds with skills or experience in areas such as community involvement, fundraising, building maintenance, and marketing and communications. If this opportunity sounds right for you, please reach out to Mike Lukacs at mike.lukacs@gmail.com or 403-928-4311.



**REDCLIFF YOUTH CENTRE HOT LUNCH & DINNER PROGRAM**

The Redcliff Youth Centre offers a FREE hot lunch & dinner program for all youth ages 10 - 17! Hot lunch runs Wednesdays 11:30am - 12:10pm, Dinner program runs Tuesdays & Thursdays 4:00 - 6:00pm! Register by calling 403-548-2811!



**REDCLIFF YOUTH CENTRE HOMEWORK ASSISTANCE PROGRAM**

The Redcliff Youth Centre is offering a homework assistance program, providing academic support in a safe and supportive environment! This program runs Thursdays from 3:00 - 5:00pm. Register by calling 403-548-2811!



**Redcliff Seniors Society - 55+**

Our Seniors Society is dynamic & social. The membership fee is only \$15 per year. To enroll or for more info call 403-548-9252.

**WEEKLY EVENTS**

**MONDAYS:** Morning Exercise 9:30-10:30am \$1 entry. Wood Carving afternoons 1:00 - 4:00pm See Ron.



**TUESDAYS:** Strength and Stretch 1:00-2:00pm Tuesday Pool 1:00 - 4:00pm \$1 entry.



**WEDNESDAYS:** Morning Exercise 9:30-10:30am \$1 entry. Cribbage 1:00 - 3:30pm \$2 entry.

**THURSDAYS:** Pool 1:00 - 4:00pm \$1 entry.



**FRIDAYS:** Strength and Stretch 1:00-2:00pm Whist 6:30 - 8:30pm \$2 entry.



**SUNDAYS:** Canasta 2:00-4:00pm. Entry is \$1



**SPECIAL EVENTS**

**PANCAKE BREAKFAST:** Pancake Breakfast, Saturday March 28<sup>th</sup> from 9:00am - 11:00am. (\$3.00 for non-members)

**POTLUCK AND BINGO:** Potluck and Bingo, Thursday April 16<sup>th</sup>. Potluck begins at 6:00pm, with Bingo at 7:00pm. Must be a member to play Bingo.

**CRIB TOURNAMENT:** Crib Tournament Saturday May 2<sup>nd</sup>.

**STRAWBERRY TEA:** Strawberry Tea, Thursday May 14<sup>th</sup> from 1:00 - 3:00pm. \$3.00 fee.

**POTLUCK AND BINGO:** Potluck and Bingo, Thursday May 21<sup>st</sup>. Potluck begins at 6:00pm, with Bingo at 7:00pm. Must be a member.

**REDCLIFF LEGION**



**MONDAYS**  
Open 4:00 - 8:00pm. Darts league 12:00 - 3:00pm. (Finishes end of March)



**TUESDAYS**  
Open from 4:00 - 8:00pm. First beer and burger \$15 (with sides)



**WEDNESDAYS**

Open 4:00 - 8:00pm. Get a pound of wings for \$11.95 with numerous flavours available!



**THURSDAYS**

Open 4:00 - 8:00pm. Drop-in Senior Darts 12:00 - 3:00pm.



**FRIDAYS**

BSO OSI Buddy Check In Coffee 12:00 - 2:00pm: A Veteran led support group. Fish Fridays, \$14.95 for 1 piece, and \$18.95 for 2 pieces



**SATURDAYS.**

Open 12:00 - 8:00pm. Meat Draw every Saturday at 4:30pm.

**UPCOMING EVENTS**

**Garage Sale -** Garage Sale at the Legion, Saturday March 28<sup>th</sup> from 10:00am - 3:30pm. \$25 per-table, all fees go to supporting the Legion Centennial celebration.

**General Meetings -** General Meetings for Legion members, Thursday April 16<sup>th</sup> and May 21<sup>st</sup>.

**Crib Nights -** Join the Legion for Crib Nights, March 28<sup>th</sup>, April 19<sup>th</sup>, and May 16<sup>th</sup> from 9:00am - 3:00pm. \$35 entry.

**Trivia Nights -** Join the legion for Trivia Nights, April 25<sup>th</sup> and May 30<sup>th</sup> from 7:00pm.

**\*Diamond Forever\* A Celebration of Neil Diamond -** Friday May 8<sup>th</sup> from 7:00pm. Tickets are \$35 and can be purchased at the Legion.

**EMERGENCY AND SOCIAL SUPPORT**

Emergency Services.....	911
Alberta Resource Centre (call, text or chat)....	211
Health Link.....	811
Addiction Helpline.....	1-866-332-2322
Alberta's ONE LINE for Sexual Violence.....	1-866-403-8000
Income Support (AB Government).....	1-844-388-7744
24-hr Emergency Income Support.....	1-866-644-5135
YMCA Employment Centre.....	403-529-4733
The Mustard Seed (Emergency Shelter).....	1-833-448-4673
Kids Help Phone.....	1-800-668-6868
Kids Help Phone Text Line.....	686868
Mental Health Helpline.....	1-877-303-2642
Suicide Crisis Helpline (Call or Text).....	988
Child Abuse Reporting Line.....	1-800-387-5437
Persons in Care Abuse Line.....	1-888-357-9939
Medicine Hat Women's Shelter Society.....	403-529-1091
Root Cellar (MH Food Bank).....	403-528-4313
Counselling - free or low cost	
AHS Addiction & Mental Health.....	403-529-3500
Medicine Hat Family Service.....	403-504-8026