

Recyclable material list

October 1, 2026

Paper/Fibre



Material & examples	What to know
	<p>Cardboard boxes</p> <p>Pizza boxes, direct mail boxes, moving boxes, shoe boxes.</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Flatten. No larger than 60 x 60 cm. <input checked="" type="checkbox"/> Empty.
	<p>Boxboard</p> <p>Cereal boxes, tissue boxes, egg cartons, rolls from toilet paper and paper towel.</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Flatten. <input checked="" type="checkbox"/> Empty.
	<p>Paper</p> <p>Any colour, including flour bags, prescription bags, paper produce bags.</p> <p>Notebooks, white or coloured loose paper, file folders, other printed materials.</p> <p>Community newspapers, flyers, brochures and magazines.</p> <p>Greeting cards and envelopes, gift boxes.</p> <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Place shredded paper in a tied clear plastic bag. <input checked="" type="checkbox"/> Separate from plastic bags used to cover items, remove elastic bands. <input checked="" type="checkbox"/> Remove rope handle from bags. <input checked="" type="checkbox"/> Do not include soft or hard covered books/novels.

For details on what goes where, visit circularmaterials.ca/AB.

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Material & examples	What to know
	<p>Paper laminate packaging</p> <p>Pet food bags, food service paper bags, and plates.</p> <p><input checked="" type="checkbox"/> Empty.</p>
	<p>Paper laminate containers</p> <p>Spiral cans, cookie dough containers, ice cream containers and hot and cold beverage cups.</p> <p><input checked="" type="checkbox"/> Empty.</p> <p><input checked="" type="checkbox"/> Remove lids.</p>
	<p>Cartons</p> <p>Molasses and sugar cartons, laundry and cleaning cartons, soup and sauce cartons.</p> <p><input checked="" type="checkbox"/> Empty.</p> <p><input checked="" type="checkbox"/> Lids and caps on.</p>

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Plastic packaging and containers



Material & examples

What to know



Plastic containers

Laundry detergent and household cleaner jugs, shampoo, body wash, salad dressing, condiment, dish soap, mouth wash bottles.

Empty.

Lids and caps on.



Food trays, salad, yogurt, peanut butter, bakery and egg containers, plastic cups, plastic tubs and lids.



Toothpaste tubes, deodorant, hand cream tubes.



Small item packaging, hand sanitizer bottles, plant pots.



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Plastic and foam packaging






Material & examples	What to know
	<p>Flexible plastic packaging</p> <p>Bags used for dry cleaning, bread, newspapers and flyers. Overwrap (paper towel & toilet paper, beverage containers). Coffee bags or deli pouches, chip bags, bubble wrap, snack wrappers, cereal liner bags, plastic gift bags.</p> <p><input checked="" type="checkbox"/> Empty.</p>
	<p>Foam packaging</p> <p>Meat trays, takeout containers, cups, plates, bowls, foam packaging.</p> <p><input checked="" type="checkbox"/> Empty.</p> <p><input checked="" type="checkbox"/> Remove film wrap and absorbent pads from meat trays.</p>

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Metal containers

Material & examples	What to know
	<p>Metal</p> <p>Food cans, metal lids, candle, cookie, coffee and tea tins.</p> <p><input checked="" type="checkbox"/> Rinse and dry.</p>
	<p>Aluminum (foils and trays)</p> <p>Aluminum foil, pie plates, frozen food trays.</p> <p><input checked="" type="checkbox"/> Empty.</p> <p><input checked="" type="checkbox"/> Ball up aluminum foil.</p>
	<p>Aerosol containers</p> <p>Food spray, hairspray, air fresheners, shaving cream, deodorant.</p> <p><input checked="" type="checkbox"/> Empty.</p> <p><input checked="" type="checkbox"/> Lids and caps on.</p>


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Glass

Material & examples	What to know
	<p>Glass containers</p> <p>Clear and coloured glass. Food containers, jars and bottles. Cosmetic containers, spice bottles, oil and vinegar bottles.</p> <ul style="list-style-type: none"><input checked="" type="checkbox"/> Empty.<input checked="" type="checkbox"/> Lids and caps off.

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