

TOWN OF REDCLIFF

COMMUNITY PROGRAM



EVENT GUIDE

September - November 2026

SUPPORT SERVICES

TEEN SUPPORT GROUP

Medicine Hat Family Service hosts a Teen Support Group at the Redcliff Youth Centre. This is a **FREE**, closed group for those **10-18 years old**. The Teen Support Group meets once a month, the **second Wednesday of every month**. Register at the Redcliff Youth Centre. Topics of discussion include:

- grief and loss
- depression and anxiety
- boundaries and consent
- bullying and harassment
- healthy relationships
- gender identity and self-esteem
- resiliency and coping



REDCLIFF FCSS/TOWN



MOM SQUAD SUPPORT GROUP - Presented by the Redcliff FCSS and Medicine Hat Family Service. Sometimes Moms just need to talk! Join us for coffee and conversation for our next meetings at the Redcliff Library, Thursday October 1st and November 5th from 10:30am - 12:00pm!



FAMILY FUN NIGHT - Family Fun Night returns to Redcliff! Join the Redcliff FCSS for Mini Pumpkin Painting, Thursday October 8th from 6:00pm at I.F. Cox School! This event is **FREE** for participants! To secure your spot, please visit www.redcliff.recdesk.com to register today!



RURAL COUNSELLOR AT THE REDCLIFF PUBLIC LIBRARY - Need someone to talk to? Reach out to the Redcliff Rural Counsellor by calling 403-504-8026 to check your eligibility for an appointment today. Sessions are held every Friday at the Redcliff Public Library. Presented in partnership with Medicine Hat Family Service.



SENIOR SUPPORT GROUP - Senior Support Group returns to Redcliff! Join the Redcliff FCSS, Medicine Hat Family Service, and Recovery College Medicine Hat for coffee and conversation with friends on topics that are important to you! Join us at the Redcliff Seniors Centre from 10:30am - 12:00pm for our next meetings, Monday September 21st, October 5th, 19th, November 2nd, and 16th!

CONVERSATION CIRCLE AT THE REDCLIFF

REC-TANGLE - Join Lifelong Learning in partnership with the Redcliff FCSS for the return of Conversation Circle at the Redcliff Rec-tangle beginning Monday, October 19th! Conversation Circle is an 8-week program for newcomers to Canada with a focus on practicing English vocabulary in everyday conversation! To register for sessions, please email familyliteracy@mhc.ab.ca



ADULT NIGHT OUT - SELF CARE SERIES PAINT

NIGHT WITH PAINTER GIRL - Paint Night with Painter Girl as part of Adult Night Out - Self Care Series returns to Redcliff! Join Painter Girl at the Redcliff Seniors Centre, Thursday October 8th from 6:00pm for a relaxing night of painting and adult focused self care for only \$25! All attendees must be 18+ to attend. Register today by visiting www.redcliff.ca!



The Redcliff Fall Festival And Chili Cook-Off



The Redcliff Fall Festival and Chili Cook-Off returns Saturday, September 26th at Lions Park from 12:00pm - 4:00pm!

Chili Cook-Off returns with 10 teams battling to see who has the best chili in Redcliff decided by you! get your own keepsake clay bowl for \$10 or \$5 for a disposable with all proceeds going to support the Redcliff Youth Centre!



The Something for Everyone Market will be returning as well alongside free activities such as pumpkin carving, carnival games, a petting zoo, live music from Rob Hudec, and much more!



For more information, please visit www.redcliff.ca or checkout our Facebook!

COMMUNITY ENGAGEMENT

SHAKE RATTLE & READ

Shake Rattle & Read returns to its usual format at the Library every Monday 10:30am - 11:30am with rhymes, stories, & playtime designed for ages 0-5!



BRING-YOUR-OWN-BOOK CLUB

Bring-Your-Own-Book-Club returns to the Redcliff Library! Join us every second Wednesday of the month 6:30pm - 7:30pm to talk about the books and topics you want to talk about! We hope to see you there!



IN-STITCHES RETURNS FOR FALL & WINTER



In-Stitches returns to the Redcliff Public Library, every Tuesday morning from 10:00am - 12:00pm! If you enjoy knitting, crocheting, or cross-stitching, In-Stitches is the place for you! Just drop in and have fun!

LEGO AT THE LIBRARY

Lego at the Library returns for Fall and Winter! Join the Library every Saturday morning from 10:00am - 1:00pm for FREE Lego playtime for all ages!



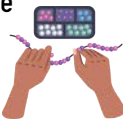
GOOD FOOD CLUB AT THE LIBRARY

Memberships are open to everyone who wishes to join, with membership fees waived for college students and those who pick up directly at the Food Bank Depot. Join the Good Food Club for only \$5 for the rest of the year as a Library volunteer, or for only \$15 as a non-volunteer! Pickup for food hampers occur every 2nd Thursday of the month between 4:00pm - 6:00pm. For more information, please call the Library at 403-548-3335.



DROP-IN PD DAY ACTIVITIES AT THE LIBRARY

Join the Redcliff Public Library for PD day Jewelry making, Friday October 9th from 1:00pm - 2:30pm! Learn how to make your very own jewelry for FREE!



BOOK SALE AT THE LIBRARY

Join the Redcliff Public Library for a weekend book sale Friday November 6th and Saturday November 7th 9:00am - 4:00pm! All books sold are by donation with all proceeds supporting the Library!



DROP-IN PD DAY ORIGAMI AT THE LIBRARY

Join the Redcliff Public Library for a PD Day origami building session! Learn how to create your very own origami masterpieces, Friday November 13th from 1:00pm - 2:30pm!



GERMAN CANADIAN HARMONY CLUB
OKTOBERFEST

Join the German Canadian Harmony Club for Oktoberfest celebrations, **Saturday September 26th**! Doors open at 5:30pm with a traditional German dinner with entertainment to follow. Tickets are only \$45 for members and \$50 for non-members! Tickets are available at Laurie Anne's Fashions in the Co-op Mall. For more information, please call Sharon at 403-526-2209



GERMAN CANADIAN HARMONY
CLUB PUMPKIN FESTIVAL DANCE



Join the German Canadian Harmony club for a Pumpkin Festival Dance, **Saturday October 24th**! Tickets are only \$45 for members, and \$50 for non-members. Tickets can be purchased at Laurie Anne's Fashion at the Co-op Mall.

TWIST AND FLIP GYMNASTICS FREE
INDOOR PLAYTIME

Twist and Flip Gymnastics and the Town of Redcliff are proud to announce the sponsorship of indoor playtime every Friday morning 10:30am - 12:00pm! For more information, visit www.twistandflip.ca



GIRL GUIDES OF CANADA
AVAILABLE PROGRAMMING



Girl Guides of Canada "To be a catalyst for girls empowering girls" Designed for girls ages 5-17. with programming available such as Sparks for girls ages 5-6, Embers for ages 7-8, Guides ages 9-11, Pathfinders ages 12-15, and Rangers ages 15-17. Watch for girl Guide cookie sales happening in your neighbourhood this September! Volunteers are needed for the Redcliff Sparks, Embers, and guide units! Send your application for this guiding season to any-cypresshillsac@girlguides.ca or call 1-800-565-8111 today!

PAWS 4 RESILIENCY NON-PROFIT
SERVICE AND THERAPY DOG
ORGANIZATION



Paws 4 Resiliency is a Redcliff based Government of Alberta Certified Service and Therapy Dog Foundation that specializes in providing veterans and low income households with the service and therapy dogs they need. If you are in need of a service or therapy dog at a reduced rate, or would like to find ways to contribute to Paws 4 Resiliency, please call 587-448-2204 or email info@paws4resiliency.com today!

Redcliff Seniors Society - 55+

Our Seniors Society is dynamic & social. The membership fee is only \$15 per year. To enroll or for more info call 403-548-9252.

WEEKLY EVENTS

MONDAYS: Morning Exercise 9:30am - 10:30am
Pool 1:00pm - 4:00pm. Wood Carving
afternoons 1:00pm - 4:00pm. See Ron.



TUESDAYS: Stretch and Strength
Exercises
9:30am - 10:30am



WEDNESDAYS:
Morning Exercise 9:30am - 10:30am
Cribbage 1:00pm - 3:30pm \$2 entry.



THURSDAYS: Pool 1:00pm- 4:00pm
\$1 entry.



FRIDAYS: Strength and Stretch Exercises
9:30am - 10:30am Whist 6:30pm - 8:30pm
\$2 entry.



SUNDAYS: Canasta 2:00pm-4:00pm.
Entry is \$1



SPECIAL EVENTS

POTLUCK & BINGO: Potluck & Bingo **Thursday October 22nd**. Potluck begins at 6:00pm, and Bingo begins at 7:00pm. Must be a member to play Bingo.

CRIB TOURNAMENT: Join the Senior Centre for a Crib tournament, **Saturday October 24th**! Call Mel at 403-527-4300 for more info.

GENERAL MEETING & ELECTION OF OFFICERS: The Redcliff Seniors Centre will be holding its general meeting and election of officers **Thursday, November 5th at 2:00pm**. Must be a member to vote.



REDCLIFF LEGION

MONDAYS

Open 4:00pm - 8:00pm.

TUESDAYS

Open from 4:00pm - 8:00pm.



Jitney Darts from 7:00pm, \$5 entry.

Drop-in pool from 7:00pm, \$2.50 entry.

First beer and burger \$15 (with sides)

WEDNESDAYS

Open 4:00pm - 8:00pm. Get a pound of wings for \$11.95 with numerous flavours available!



THURSDAYS

Open 4:00pm - 8:00pm. Drop-in Senior Darts 12:00pm - 3:00pm.

Drop-In Crib Singles, 1:00pm - 3:00pm, \$2 entry and 50/50 draw.



FRIDAYS

BSO OSI Buddy Check In Coffee 12:00pm - 2:00pm

Friday Night Dances:

September 25th - Rough Draft

October 9th - Willie and the Bandits

October 30th - TBD Halloween Theme



SATURDAYS.

Open 12:00pm - 8:00pm. Meat Draw every

Saturday at 4:30pm with 50/50 draw and Chase the Queen!

SPECIAL EVENTS

100th ANNIVERSARY BANQUET- The 100th anniversary celebrations are here! Join the Legion Friday, October 16th for a banquet celebrating veteran families and our community! Get your Tickets for \$50 before September 30th to secure your spot!

100th ANNIVERSARY TIME CAPSULE PLACEMENT-

The Redcliff Legion welcomes you to join them for the Placement of the 100th Anniversary Time Capsule at the Memorial Park Cenotaph, Monday October 19th from 11:00am.

EMERGENCY AND SOCIAL SUPPORT

Emergency Services.....	911
Alberta Resource Centre (call, text or chat).....	211
Health Link.....	811
Addiction Helpline.....	1-866-332-2322
Alberta's ONE LINE for Sexual Violence.....	1-866-403-8000
Income Support (AB Government).....	1-844-388-7744
24-hr Emergency Income Support.....	1-866-644-5135
YMCA Employment Centre.....	403-529-4733
The Mustard Seed (Emergency Shelter).....	1-833-448-4673
Kids Help Phone.....	1-800-668-6868
Kids Help Phone Text Line.....	686868
Mental Health Helpline.....	1-877-303-2642
Suicide Crisis Helpline (Call or Text).....	988
Child Abuse Reporting Line.....	1-800-387-5437
Persons in Care Abuse Line.....	1-888-357-9939
Medicine Hat Women's Shelter Society.....	403-529-1091
Root Cellar (MH Food Bank)	403-528-4313
Counselling - free or low cost	
AHS Addiction & Mental Health.....	403-529-3500
Medicine Hat Family Service.....	403-504-8026