



TOWN OF REDCLIFF

Community Services Report

FIND US ONLINE

- For up-to-date news & information about what's going on in your community, check us out on Facebook or at Redcliff.ca.
- The Community Program & Event Guide is distributed six times per year & will be posted on our website!

To register for current programs, visit www.redcliff.ca or call 403-548-3232.

REDCLIFF SENIORS SOCIETY – 55 + Must be a member to participate. To enroll, please call 403-548-9252

MONDAY: Morning Exercise 9:30am – 10:30am. Pool 1:00pm – 4:00pm. Wood Carving 1:00pm–4:00pm. See Ron

TUESDAY: Stretch and Strength exercises 9:30am – 10:30am.

WEDNESDAY: Morning Exercise 9:30am – 10:30am. Cribbage 1:00pm – 3:30pm.

THURSDAY: Pool 1:00pm – 4:00pm. \$1 entry.

FRIDAY: Stretch and Strength 9:30am – 10:30am.

Whist 6:30pm – 8:30pm. \$2 entry.

SUNDAY: Canasta 2:00pm – 4:00pm. \$1 entry.

SPECIAL EVENTS:

GENERAL MEETING & ELECTION OF OFFICERS:

The Redcliff Seniors Centre will be holding its general meeting and election of officers, Thursday November 5th at 2:00pm. Must be a member to vote.



COMMUNITY VOLUNTEER INCOME TAX PROGRAM AT THE REDCLIFF LIBRARY

Join the Redcliff Library Thursday, October 29th from 9:30am – 12:30pm to learn how to become a Community Volunteer Income Tax Preparer for your community! Learn about CVITP, Benefits and Credits, basic steps for how to file a tax return, and resources available to you!

Only 8 spots are available, so register today by calling the Library at 403-548-3335!



ADULT NIGHT OUT- SELF CARE SERIES SURPRISE CRAFT WITH SHABBY VINTAGE BELLE

Adult Night Out returns to the Redcliff Seniors Centre with a Surprise Craft Night from Shabby Vintage Belle, Thursday November 12th from 6:00pm! Choose your own craft bag, Tickets are only \$20 per person, register today at <https://redcliff.recdesk.com/Community/Home>

REDCLIFF RURAL COUNSELLOR AT THE REDCLIFF LIBRARY

Need someone to talk to? Reach out to the Redcliff Rural Counsellor by calling 403-504-8026 to check your eligibility for an appointment today! Sessions are held every Friday at the Redcliff Library. Appointment rates are calculated on a sliding scale. Presented by the Redcliff FCSS and Medicine Hat Family Service.



BOOK SALE AT THE REDCLIFF LIBRARY

Join the Redcliff Library for a Book Sale, Saturday November 7th from 10:00am – 4:00pm! All items for sale are by donation, with all proceeds going towards supporting the Redcliff Library! We can't wait to see you there!



PD DAY AT THE REDCLIFF LIBRARY

Join the Redcliff Public Library for a PD Day, Friday November 13th from 1:00 – 2:30pm for Rainbow loon bracelet and necklace crafting!



REDCLIFF LEGION BRANCH #6

MONDAY:

Kitchen Open from 4:00–8:00pm

TUESDAY:

Kitchen Open from 4:00pm–8:00pm. First Beer and Burger \$15 (With Sides)

Drop-in Pool 7:00pm, \$2.50 entry, Jitney Darts 7:00pm, \$5.00 entry

WEDNESDAY:

Kitchen Open 4:00pm–8:00pm. Wing Wednesday: enjoy 1 pound of wings for \$11.95 with numerous flavors available!

THURSDAY:

Kitchen Open 4:00–8:00pm. Drop-in Senior darts 12:00 – 3:00pm, Drop-In Crib Singles 1:00 – 3:00pm \$2 entry and 50/50 draw.

FRIDAY:

Kitchen Open 12:00pm–11:00pm. Fish Friday 1 piece \$14.95, 2 pieces \$18.95.

BSO OSI Buddy Check In Coffee: 12:00 – 2:00pm. Veteran led group open to all Allied and CAF members serving or retired and the Royal Canadian Mounted Police.

SATURDAY:

Kitchen Open 12:00pm–8:30pm. Breakfast, Sandwich and Dinner Specials available. Meat Draw every Saturday from 4:30pm.

SPECIAL EVENTS:

FRIDAY NIGHT DANCES:

Join the Legion October 30th for a Halloween themed dance for only \$10!

Doors open at 6:30pm, with the music beginning at 7:30pm!



TRICK OR TRIVIA NIGHT:

Join the Redcliff Legion for Trick or Trivia Halloween themed trivia night, Saturday October 24th from 7:00pm! Call Mel for more details at 403-548-3217!



TWIST AND FLIP GYMNASTICS FREE DROP IN PLAYTIME SPONSORED BY THE TOWN OF REDCLIFF

Twist and Flip Gymnastics and the Town of Redcliff are proud to announce the sponsorship of FREE Indoor Playtime every Friday at Twist and Flip Gymnastics! Join Twist and Flip every Friday morning from 10:30am – 12:00pm!



SENIOR SUPPORT GROUP RETURNS AT THE REDCLIFF SENIORS CENTRE

Join the Redcliff FCSS and Medicine Hat Family Service for Senior Support Group, Monday November 2nd at the Seniors Centre from 10:30am – 12:00pm! Whether you need support from friends, or just want some coffee and conversation, Senior Support Group has you covered! Join our session, **Why am I so Tired?:** Ever wonder why you feel worn out even when you are doing all the right things? This session looks at how stress, emotional load, and daily, habits quietly impact your energy, and what you can do to restore it!



MOM SQUAD SUPPORT GROUP RETURNS TO THE REDCLIFF PUBLIC LIBRARY

Join the Redcliff FCSS and Medicine Hat Family Service for the return of Mom Squad to Redcliff with new Fall and Winter sessions! Join us Thursday, November 5th from 10:30am – 12:00pm at the Redcliff Public Library! If you're a mom craving real connection, not perfection, Mom Squad is for you! Each session features different topics and practical strategies to support everyday motherhood!

